Massage at the Ojai Retreat

Treatment on-site in your room, on your patio or in the Quiet Room

Ojai Massage – 805-798-1289

Therapists at Ojai Massage have a fantastic reputation and are popular for healing bodywork - we receive outstanding testimonials from our guests. They offer different types of massage including: craniosacral therapy, intuitive structural massage and embodiment work.

Maritza Luz Vega – 805-646-1577

Maritza is a long-term Ojai therapist who performs a myriad of bodywork choices, including intuitive massage, pregnancy massage, biodynamic craniosacral therapy, pre-conception parenting, deep tissue and integrative healing.

Deb Edwards – 818-970-0388

Deb is also a long-term Ojai therapist who is grounded in various forms of therapeutic massage: modalities include Esalen-style massage with Trager and acupressure. Deb has life guidance techniques, with 35 years' experience.

Michael Zierhut - 805-798-5590

BA, CMT. Michael combines his knowledge of anatomy and physiology with Swedish massage, sports massage, trigger point therapy and myofascial release for a complete therapeutic treatment.

Treatment in a nearby studio:

Ojai Zen Spa 805 708-8629

To heal body and soul in an organic and natural way. Enlivening the body's intelligence.

Lepeng Li - 818 853-3033

Lepeng is a Yoga teacher, a Reiki Master and a massage therapist. She is passionate about servicing the world with her healing gifts. Lepeng is here to find you relief and heal from physical and emotional discomfort and to assist you to return to your natural equilibrium and well-being.

Please note: Arrangements are made directly between you (the guest) and the therapist you have chosen. The Ojai Retreat is not party to these arrangements, except for recommending the above therapists to you. However, the therapist is required to inform the retreat staff of the appointment once it is arranged. Thank you.